

SAN DIEGO  
**ARTS**  
ACADEMY OF REGENERATIVE THERAPIES  
CONFERENCE SCHEDULE



SAN DIEGO ACADEMY OF  
REGENERATIVE THERAPIES

5TH GLOBAL  
CONFERENCE

AUGUST 8-11, 2024

# CATCH THE WAVE OF REGENERATIVE THERAPIES

UCSD Center for the Future of Surgery - San Diego, CA

SAN DIEGO  
**ARTS**  
ACADEMY OF REGENERATIVE THERAPIES

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## WELCOME TO THE 2024 SAN DIEGO ACADEMY OF REGENERATIVE THERAPIES 5TH GLOBAL CONFERENCE

THANK YOU TO ALL OUR INDUSTRY PARTNERS & EXHIBITORS



AUGUST 8 - 9:30AM - 12:00PM

### STRATEGIC MARKETING FOR REGENERATIVE THERAPIES - INTERACTIVE DIDACTIC COURSE

WITH DANA FOX AND MARIE OLESEN

FREE FOR CONFERENCE ATTENDEES

#### THE GAMECHANGER OF REGENERATIVE THERAPIES – MICROFAT & NANOFAT

Open to physicians and their staff, this dynamic interactive workshop will teach you best practices for marketing nanofat to your patients. Learn proven strategies from Dana Fox and Marie Olesen, practice growth and marketing experts.

### DAY 1 - THURSDAY, AUGUST 8

- 9:30AM - 12:00PM Strategic Marketing Workshop
- 12:00PM - 1:30PM Registration, Lunch in the Exhibit Hall
- 1:30PM - 1:40PM Introduction

#### Foundation of Regenerative Medicine Part I: Moderator: Alexis Verpaele, MD, PhD

- 1:40PM - 2:00PM Blending Autologous Biological Components with Adipose Stromal Vascular Fraction to Optimize Aesthetic & Regenerative Therapies - Robert W. Alexander, MD, DMD, FICS
- 2:00PM - 2:30PM **Keynote:** The Regenerative Marriage Between Adipose and HD PRP - Peter Everts, PhD, FRSM
- 2:30PM - 2:50PM What Is Secreted by Nanofat that PRP Does Not Have: Single Cell RNA Sequencing on Stromal Aggregates - Ramon Llull, MD, PhD
- 2:50PM - 3:10PM GARM's Findings with Minicircle's Follistatin Gene Therapy for Extending Longevity, Increasing Bone Density, Increasing Lean Muscle Mass, etc. - Glenn Terry, MD
- 3:10PM - 3:30PM Q + A Session
- 3:30PM - 4:00PM Break in Exhibit Hall

#### Foundation of Regenerative Medicine Part II: Moderator: Ashkan Ghavami, MD

- 4:00PM - 4:20PM Beyond the Coleman Method - Our Journey to Nanofat - Alexis Verpaele, MD, PhD
- 4:20PM - 4:40PM How Adding Regenerative Applications to Aesthetic Procedures Takes Personalized Patient Outcomes to a New Level - Patrick Tonnard, MD, PhD
- 4:40PM - 5:00PM How Regenerative Therapies Have Advanced My Outcomes - Ashkan Ghavami, MD
- 5:00PM - 5:15PM Q + A Session
- 5:15PM - 5:45PM Faculty Round Table Discussion
- 5:45PM - 7:30PM Welcome Reception in Exhibit Hall

## DAY 2 - FRIDAY, AUGUST 9

7:00AM - 8:00AM Breakfast in Exhibit Hall

**Rejuvenation to Regeneration Part I:** Moderator: Ashkan Ghavami, MD

- 8:00AM - 8:20AM How Fat Grafting Can Make Your Facelifts Better - Timothy Marten, MD, FACS
- 8:20AM - 8:35AM Scarless Lift™: Endoscopic Composite Flap Face and Neck Lift Combined with Nanofat Skin Rejuvenation - Marc Mani, MD
- 8:35AM - 8:55AM Q + A Session

**Rejuvenation to Regeneration Part II:** Moderator: Robert W. Alexander, MD, DMD, FICS

- 8:55AM - 9:10AM **Keynote Follow-Up:** The Regenerative Marriage Between Adipose and HD PRP - Peter Everts, PhD, FRSM
- 9:10AM - 9:30AM Iliac Crest Bone Marrow Aspiration, Anatomic Considerations & Clinical Applications - Luga Podesta, MD
- 9:30AM - 9:45AM Nanofat and SVF - Including Use of ADSC and Exosomes for Other than Plastic Surgical Applications - Randy Miller, MD
- 9:45AM - 10:00AM Q + A Session
- 10:00AM - 10:30AM Break in Exhibit Hall

**Body Aesthetics:** Moderator: Patrick Tonnard, MD, PhD

- 10:30AM - 10:40AM Getting off the Ground with Social Media - Nikki Walters, Plastic Surgery Studios
- 10:40AM - 10:55AM Using Fat for Breast Augmentation - Ashkan Ghavami, MD
- 10:55AM - 11:10AM Correction of Severe Congenital Breast Asymmetries by Autologous Microstructural Fat Transfer and Combination of Other Techniques - Greg Pataki, MD
- 11:10AM - 11:25AM Ultrasound Guided Fat Grafting with Millimeter Precision - Pat Pazmino, MD, FACS
- 11:25AM - 11:40AM S-Curve - Advanced Safe, Hybrid Techniques - Ashkan Ghavami, MD
- 11:40AM - 12:00PM Q + A Session
- 12:00PM - 1:00PM Lunch in Exhibit Hall

**Replace the Knife with the Needle - Non-Surgical Orthopedic Solutions:** Moderator: Kristin Oliver, MD, MPH

- 1:00PM - 1:15PM AD-tSVF/ PRP Knee Health - Donna Alderman, DO
- 1:15PM - 1:30PM Lifespan, Healthspan, and Stem Cells, An Orthopedic Perspective - T. Scott Stanwyck, MS, MD
- 1:30PM - 1:45PM A Focused Approach to Physical Malfunction - How to Pick Your Target and Hit It - T. Scott Stanwyck, MS, MD
- 1:45PM - 2:00PM The Art of War In Orthopedics - Kevin L. Tadych, MD
- 2:00PM - 2:15PM Orthopedic Regenerative Applications: Diagnosis via Ultrasound - Randy Moore, DC, RDMS, RMSK
- 2:15PM - 2:35PM Q + A Session



## DAY 2 - FRIDAY, AUGUST 9

**Skin & Regenerative Therapies Part I:** Moderator: Marc Mani, MD

- 2:35PM - 2:50PM What Is in an Exosome? - Randy Miller, MD
- 2:50PM - 3:05PM What a Cell Needs to Do Its Job and What Nanofat Can Provide - Ramon Llull, MD, PhD
- 3:05PM - 3:20PM Microneedling (Including Decolletage and Exosome Cream) - Daniel Gould, MD, PhD
- 3:20PM - 3:35PM Q + A Session
- 3:35PM - 4:05PM Break in Exhibit Hall

**Skin & Regenerative Therapies Part II:** Moderator: Patrick Tonnard, MD, PhD

- 4:05PM - 4:25PM Beyond Beauty: Exosomes & Mitochondrial Health in Transforming Skin & Hair Care - Jordan Plews, PhD, Elevai
- 4:25PM - 4:40PM Fake versus Real: Fillers versus Fat and SVF for Minimally Invasive Rejuvenation - Marc Mani, MD
- 4:40PM - 4:55PM The Future of Combining Laser Modalities with Regenerative Treatments for Enhanced Results - Neil Vranis, MD
- 4:55PM - 5:10PM The Regenerative Aspect of Deep Chemical Peels - Richard H. Bensimon, MD
- 5:10PM - 5:25PM Fat Grafting to the Face - A Beautiful Adjunct to Rhinoplasty - Ashkan Ghavami, MD
- 5:25PM - 5:40PM Filler Killer: Ultrasound-Guided Direct Filler Elimination Is a MUST - Marc Mani, MD
- 5:40PM - 6:00PM Q + A Session

## DAY 3 - SATURDAY, AUGUST 10

7:00AM - 7:45AM Breakfast in Exhibit Hall

**Regenerative Therapies for Orthopedics and Pain Management:** Moderator: Robert W. Alexander, MD, DMD, FICS

- 7:45AM - 8:05AM Use of Guided, Targeted Biocell in Low Back Pain - Randy Moore, DC, RDMS, RMSK
- 8:05AM - 8:20AM Lumbar Spine Pain Evaluation and Treatment - Glenn Terry, MD
- 8:20AM - 8:35AM Application of Guided AD-tSVF + HD PRP in the Treatment of Rotator Cuff - Kristin Oliver, MD, MPH
- 8:35AM - 8:50 AM A Paradigm Shift - Real-World Outcomes of Regenerative Micronized Lipoaspirate Injections for Musculoskeletal Conditions - Rowan Paul, MD
- 8:50AM - 9:05AM Fat Grafting for Recalcitrant Headaches and Post-Mastectomy Pain - Ziv Peled, MD
- 9:05AM - 9:25AM Q + A Session

**Periorbital Finesse:** Moderator: Alexis Verpaele, MD, PhD

- 9:25AM - 9:40AM Periorbital Fat Grafting - A New Paradigm for Rejuvenation of the Eyelids - Timothy Marten, MD, FACS
- 9:40AM - 9:55AM Periorbital Layering of Microfat/Nanofat/Periorbital - Shoib Myint, DO, FAOCO
- 9:55AM - 10:10AM Microfat and Nanofat for Periocular Rejuvenation - Kami Parsa, MD
- 10:10AM - 10:25AM Periorbital Complications of Injections - Shoib Myint, DO, FAOCO
- 10:25AM - 10:45AM Q + A Session
- 10:45AM - 11:15AM Break in Exhibit Hall

**DAY 3 - SATURDAY, AUGUST 10****Urology and Gynecology:** Moderator: Ramon Llull, MD, PhD

- 11:15AM - 11:30AM Adipose Tissue to Treat Gastrointestinal Fistulas, Including Crohn's Disease Fistulas  
- Angelo Trivisonno, MD, PhD
- 11:30AM - 11:45AM New Biocellular Therapy for Female Stress and Urgent Incontinence - Adellcho Nobel Hansen, M.Sc, MD
- 11:45AM - 12:00PM The Office-Based Art of Intimate Rejuvenation Using a Combination of Energy Devices, Microfat and Nanofat - Tess Mauricio, MD, FAAD
- 12:00PM - 12:15PM Case Study: Treating Erectile Dysfunction (ED) and Peyronie's Disease (PD) by Biocellular Methods - Adellcho Nobel Hansen, M.Sc, MD
- 12:15PM - 12:30PM Q + A Session
- 12:30PM - 1:30PM **Lunch in Exhibit Hall**

**Give Me a Head with Hair!:** Moderator: Greg Pataki, MD

- 1:30PM - 1:45PM Basic Science Research - Cloning the Human Hair Follicle - Richard Chaffoo, MD, FACS, FICS
- 1:45PM - 2:00PM DMSC for Scarring Alopecia / Game-Changing Cell Therapy - John P. Cole, MD
- 2:00PM - 2:15PM Superficial Fat - The Best Match for Skin and Scalp Regeneration and Rejuvenation  
- Angelo Trivisonno, MD, PhD
- 2:15PM - 2:30PM Platelet-Rich Plasma Hybridized Adipose Transplant (PHAT) for the Treatment of Hair Loss  
- Daniel Gould, MD, PhD
- 2:30PM - 2:50PM Q + A Session
- 2:50PM - 3:00PM **Group Photo with all Faculty, Attendees, Exhibitors & Staff**
- 3:00PM - 3:30PM **Break in Exhibit Hall**

**Looking to the Future:** Moderator: Ashkan Ghavami, MD

- 3:30PM - 3:50PM How Marketing Regenerative Therapies Will Enhance the Future of Your Practice - Dana Fox
- 3:50PM - 4:20PM Stem Cell Policy in America: Past, Present and Future Directions - Randy Miller, MD
- 4:20PM - 4:35PM The Biology of Fat Grafting for Neuropathic Pain - Where We've Been and Where We're Going  
- Ziv Peled, MD
- 4:35PM - 4:50PM Would We Rather Rejuvenate or Desenesce Our Tissues? - Ramon Llull, MD, PhD
- 4:50PM - 5:05PM Advancement in IV Therapies Using Adipose cSVF for Systemic Conditions  
- Robert W. Alexander, MD, DMD, FICS
- 5:05PM - 5:20PM How Do Regenerative Therapies Create a Future for a Longer Human Healthspan?  
- Patrick Tonnard, MD, PhD
- 5:20PM - 5:45PM Q + A Session
- 6:00PM **SATURDAY NIGHT SOCIAL - GEORGE'S AT THE COVE**

**SATURDAY NIGHT SOCIAL****CATCH THE WAVE PARTY: GEORGE'S AT THE COVE 6:00 PM**

Music And Dancing | Entertainment | Delicious Food | Open Bar

Mingle With The Faculty And Colleagues

Located In The Heart Of La Jolla Village

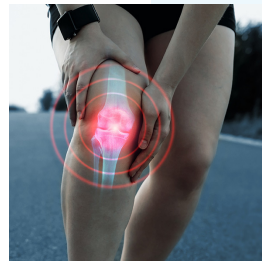
**Tickets Required (Available Online & At The Door)****Attire: Resort Chic/Business Casual**

**DAY 4 - SUNDAY, AUGUST 11 | OPTIONAL WORKSHOPS\***

\*SEPARATE REGISTRATION REQUIRED

Breakfast will be served in the exhibit hall from 7:00AM-8:00AM.

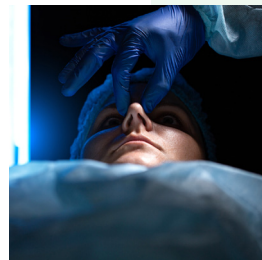
Grab & Go Lunch will be provided at noon for all workshops and cadaver labs.



8:00AM - 2:30PM

ADVANCE FROM THE KNIFE TO THE  
NEEDLE HANDS-ON CADAVER LAB  
(ORTHOBIOLOGICS)

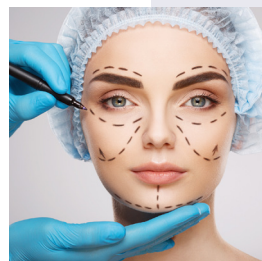
Robert W. Alexander, MD, DMD, FICS  
Randy Moore, DC, RDMS, RMSK,  
Adellcho Nobel Hansen, M.Sc, MD  
T. Scott Stanwyck, MS, MD  
Kevin Tadych, MD



8:00AM - 2:30PM

FACE BEAUTIFUL, BODY BEAUTIFUL  
HANDS-ON SURGICAL CADAVER LAB  
(SURGICAL AESTHETICS)

Ashkan Ghavami, MD  
Alexis Verpaele, MD, PhD  
Shoib Myint, DO, FAOCO



8:00AM - 2:30PM

LOOK BETTER, FEEL BETTER WITHOUT  
SURGERY HANDS-ON CADAVER LAB  
(OFFICE-BASED REGENERATIVE AESTHETICS  
AND PAIN MANAGEMENT)

Tess Mauricio, MD, FAAD  
Kami Parsa, MD  
Ziv Peled, MD



8:00AM - 2:30PM

FACE TO FACE, NECK TO NECK  
HANDS-ON SURGICAL CADAVER LAB  
(FACE AND NECK LIFT LAB)

Timothy Marten, MD, FACS  
Patrick Tonnard, MD, PhD



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# SAVE THE DATE 2025 SDARTS 6TH GLOBAL CONFERENCE

AUG 1 -3, 2025

SAN DIEGO, CALIFORNIA

